

PRE-OPERATIVE INSTRUCTIONS

Eating or Drinking

FAILURE TO STRICTLY FOLLOW THESE INSTRUCTIONS COULD RESULT IN ASPIRATION AND MAY BE FATAL.

For your anesthesia, it is extremely important that patients have an **empty** stomach for their procedure. Please follow these instructions carefully.

Under the age of 5:

- No solid foods for six (6) hours prior to appointment.
- Total of 4 oz. of water or apple juice ONLY may be taken up to four (4) hours prior to appointment time.
- Nothing may be taken by mouth for four (4) hours prior to appointment time.

Age 5 and older:

- No solid foods for eight (8) hours prior to appointment time.
- Total of 4 oz of water or apple juice ONLY may be taken up to four (4) hours prior to appointment time.
- Nothing may be taken by mouth for four (4) hours prior to appointment time.

Clothing

- Please wear comfortable clothing that includes a **short** sleeve shirt.
- Children should bring a light to medium blanket for the procedure and ride home.
- Please bring a change of clothing for children who do not wear a diaper or pull up.
- Do not wear makeup, nail polish, or false eyelashes.
- Please remove contact lenses prior to your appointment.

Change in Health Status and Medications

- A change in health status, especially the development of a cold or fever, is extremely important. Please notify Dr. Tan, DDS immediately if there is any change in your child's or your health status.
- Prescription medications should be taken as scheduled unless previously indicated by Dr. Tan, DDS and may be taken only with minimal sips of water.

Designated Driver

- A responsible adult must accompany the patient to the office and **remain** throughout the appointment.
- Do not plan on driving or making decisions for the next twenty-four (24) hours after the administration of anesthesia.
- Please arrange to have a responsible adult spend the rest of the day with you or your child.
- Please provide car seats for your children.

Questions

- Prior to your appointment, Dr. Tan, DDS will contact you to review these preoperative instructions with you and answer any questions you might have. If you would like to discuss your anesthesia prior to your appointment, please phone **Dr. Tan** at **(503) 680-4406**.